

UCSC Women's Cross Country All-Time List

Best Times (top 10)

5k

17:39 Mikayla Murphy (Bronco 08)
18:38 Tamara Torlakson (Willamette 06)
18:44 Danielle Zelinski (Willamette 04)
18:46 Carina Hendricks (Shoreline 08)
19:17 Hailey Stiers (Willamette 07)
19:24 Olivia Vegh (Willamette 06)
19:29 Ashley Stalzer (Willamette 07)
19:39 Angie Laurence (Willamette 07)
19:41 Miriam Hartig (Willamette 07)
19:48.5 Carolyn Jaeger (Willamette 07)
19:48.5 Bree Justus (Willamette 04)

6k

21:33 Mikayla Murphy (West Region 08)
22:45 Carina Hendricks (West Region 08)
23:14 Tamara Torlakson (West Region 06)
23:29 Carolyn Jaeger (West Region 07)
23:43 Jenny Cain (West Region 08)
23:50 Angie Laurence (West Region 07)
23:51 Danielle Zelinski (Willamette 6k 05)
23:57 Hailey Stiers (West Region 07)
24:01 Maggie McManus (West Region 08)
24:28 Anne Shultz (West Region 04)

Freshman All-Time 5k (top 5)

1. 18:36 Mikayla Murphy (Willamette 07)
2. 19:17 Hailey Stiers (Willamette 07)
3. 19:26 Jenny Cain (Willamette 08)
4. 19:29 Tamara Torlakson (Willamette 04)
5. 19:59 Bree Justus (USF 04)

Championship Records

All-Region Finishers

2nd 21:33 Mikayla Murphy (Willamette 08)
10th 23:14 Tamara Torlakson (Prado 06)
14th 22:45 Carina Hendricks (Willamette 08)
26th 23:07 Mikayla Murphy (McIver 07)
33rd 23:51 Danielle Zelinski (Willamette 05)
34th 23:29 Carolyn Jaeger (McIver 07)

NCAA DIII Nationals (6k)

58th 22:05 Mikayla Murphy 2008 Hanover, IN
172nd 25:40 Tamara Torlakson 2006 West Chester, OH
218th 23:28 Carina Hendricks 2008 Hanover, IN

Team Records

NCAA DIII West Region Championships

2003 McIver Park 12th 327pts 2:05:49 25:09
2004 Prado Park 9th 272pts 2:07:09 25:25
2005 Willamette 10th 251pts 2:01:51 24:22
2006 Prado Park 10th 250pts 2:04:40 24:56
2007 McIver Park 9th 204pts 1:58:50 23:46
2008 Willamette 7th 191pts 1:56:29 23:17

5k Team Time

Willamette 08 1:35:59 19:11
Willamette 07 1:37:06 19:25
Willamette 06 1:37:34 19:30
Irvine 08 1:38:06 19:37
USF 07 1:41:51 20:22

6k Team Time

Regionals 08 1:56:29 23:17
Regionals 07 1:58:50 23:46
Gator Invite 07 2:00:45 24:09
Lewis & Clark 07 2:03:24 24:40

Other History

Team Captains

2003 None

2004 Holly Shisler

2005 Tamara Torlakson & Danielle Zelinski

2006 Tamara Torlakson

2007 Miriam Hartig & Devon Orme

2008 Raeann Davis & Mikayla Murphy

Four year letter winners

Danielle Zelinski '02-05

Olivia Vegh '03-06

Katy Haynes '04-07

Carina Hendricks '04-08